



# Can you walk the walk?

**Join Destination Wellness and Best Buy® for a walk towards a healthier lifestyle!**

Bring your family and friends to enjoy a stroll around the Galleria at Pittsburgh Mills and enjoy not only the healthy activity with your loved ones but also receive prizes from Best Buy®! While you are here, stop by from 10 a.m. - 2 p.m. to donate blood with Alle-Kiski Medical Center's Blood Bank and receive more prizes! Not only can you participate in making your life healthier, but you can help to save someone else's life all with one stop!

Make sure to call Destination Wellness to register! Use entry #5 the day of the event to get your walking incentive list and be entered to win the grand prize. We hope to see you there!



**Saturday, August 1**  
7 - 10 a.m.  
Galleria at  
Pittsburgh Mills  
Entry #5  
For more information and  
to register call  
724-274-5202



Sponsored by Alle-Kiski Medical Center



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