



The Best Babysitter is a **SAFE SITTER!**

Safe Sitter® is a medically accurate, hands-on class that teaches boys and girls ages 11 to 13 how to handle emergencies when caring for children.

SAFE SITTERS learn:

- What to do when a child chokes
- Safety for the sitter
- How to call for emergency help
- Infant and child CPR (non-certification)
- Babysitting business skills
- Ways to prevent injuries and problem behavior
- How to entertain children and keep them safe



Fall 2009 Schedule

**Saturday/Sunday, December 12 & 13
(1 to 5:30 p.m. both days)**

A fee of \$50 covers the two-day class.

Young children cannot always communicate their needs or protect themselves. The babysitter must be able to handle whatever situation arises. Safe Sitter® classes are available through Alle-Kiski Medical Center's **Destination Wellness** located within the Galleria at Pittsburgh Mills, Entry 5, taught by Safe Sitter instructor, Laura Male, RN.

**Call to register your son or daughter OR your babysitter at
724-274-5202.**



**ALLE-KISKI
MEDICAL CENTER**

www.akmc-dw.com

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www.wpahs.org