



Diabetes Self Management Education Series

Presented by
Joslin Diabetes Center, *Affiliate at Alle-Kiski Medical Center*

**Mondays,
September 21 and 28**

5 - 8 p.m.

**Destination Wellness
Galleria at
Pittsburgh Mills
Entry 5, #556**

Registration required

**Call to register at
724-367-2400 or for
more detailed payment
information**



This two-week series is a comprehensive program designed for individuals with diabetes who are interested in learning how to manage their diabetes, prevent complications, eat healthy and control blood glucose levels. **Participants must attend both classes.**

***Check with your insurance carrier to determine your coverage for diabetes educational services.**



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**ALLE-KISKI
MEDICAL CENTER**

WEST PENN ALLEGHENY HEALTH SYSTEM