



Childbirth Education Classes Close to Home

As you prepare for your new arrival, consider taking advantage of West Penn Hospital's childbirth education classes taught at **Destination Wellness in the Galleria at Pittsburgh Mills**. Obtain information, resources, confidence and support you need during your pregnancy and after the birth of your baby.



For more information,
fees and registration call

412-578-7271

January 2010 to June 2010 Schedule

Baby Care Basics

(6 - 9 p.m.)

Wednesday, January 20

Wednesday, April 21

Infant CPR and Safety

(6 - 9 p.m.)

Wednesday, February 17

Wednesday, May 19

Birthing with an Epidural

(6:30 - 9 p.m.)

Wednesday, March 17

(6 - 9 p.m.)

Wednesday, June 16



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MEDICAL CENTER**

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